



RESOLVE LONGEVITY AT VIPRIVATE CARE

Physician-Led Longevity, Performance & Regenerative Wellness

A personalized, data-driven approach to energy, recovery, body composition, aesthetics, and healthy aging - led by Scott Pearlman, M.D.

Montvale, New Jersey

Resolve Longevity at VIPrivate Care

Resolve Longevity brings advanced, physician-directed longevity and performance medicine to VIPrivate Care. The program is designed for individuals who want more than traditional wellness - they want a clear, medically guided roadmap for looking better, feeling better, performing better, and aging with intention.

Led by Scott Pearlman, M.D., Resolve Longevity integrates clinical evaluation, advanced diagnostics, metabolic testing, body composition analysis, hormone and biomarker review, peptide protocols, IV therapy, recovery technology, and aesthetic optimization into personalized plans tailored to each patient's goals.

The goal is not simply to treat symptoms. It is to identify what is driving aging, fatigue, inflammation, weight change, recovery limitations, and performance decline - then create a clinically informed plan to improve healthspan, vitality, and long-term resilience.

The Resolve Longevity Approach

MEASURE. INTERPRET. OPTIMIZE. TRACK.

Meaningful health optimization begins with measurement. Rather than relying on guesswork, trend-based wellness treatments, or isolated therapies, Resolve Longevity uses a physician-led framework to evaluate where you are today, identify what may be limiting your health or performance, and design a plan that evolves over time.

Each plan may include advanced bloodwork, hormone and metabolic assessment, body composition testing, biological age analysis, performance metrics, early detection screening, peptide protocols, IV therapy, regenerative treatments, recovery technology, and aesthetic optimization.

Led by Scott Pearlman, M.D.

Dr. Scott Pearlman is a board-certified physician specializing in concierge medicine, longevity-focused primary care, and performance optimization. His approach blends traditional clinical medicine with advanced prevention, early detection, metabolic health, hormone optimization, and personalized longevity strategy.

At VIPrivate Care, Dr. Pearlman serves as Medical Director for Resolve Longevity services, helping patients move beyond fragmented wellness treatments toward an integrated, physician-guided plan.

Areas of Focus

- Advanced biomarker interpretation
- Hormone and metabolic optimization
- Peptide therapy protocols
- Biological age and healthspan assessment
- Body composition and performance tracking
- Cancer and cardiovascular risk screening
- Recovery, inflammation, and cellular health support
- Aesthetic and regenerative wellness

Who It Is For

Resolve Longevity is designed for individuals who want to be proactive about their health, performance, appearance, and long-term vitality.

This program may be appropriate for patients experiencing fatigue, weight gain, reduced muscle mass, slower recovery, poor sleep, hormonal changes, inflammation, decreased performance, or early signs of aging. It is also ideal for high-performing individuals who feel well but want a more advanced, data-driven strategy for prevention, optimization, and healthy aging.



Core Services

Physician-led programs designed to establish a baseline, identify opportunities, and create a personalized path toward long-term optimization.

Consultation

Clarity. Strategy. Control.

An in-depth, physician-led evaluation designed to uncover early risk, identify hidden drivers of disease, and establish a precise strategy for long-term health and performance.

- Comprehensive clinical evaluation
- Advanced biomarker review*
- Hormone and metabolic assessment
- Body composition discussion
- Personalized longevity strategy
- Targeted recommendations for next steps

\$950

Resolve Core Assessment

Your Baseline for Long-Term Health and Performance

A comprehensive, physician-directed evaluation designed to define your current health, quantify risk, and establish a clear roadmap for long-term optimization and prevention.

- Advanced biomarker panel review*
- Hormone and metabolic analysis
- DEXA body composition*
- VO2 max testing
- Resting metabolic rate
- Full body MRI*
- Genetic risk profiling
- Resolve Biological Age Analysis

Starting at \$5,500

*Laboratory and imaging charges will be submitted through patient's insurance and billed to patient.



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Physician-led programs designed to establish a baseline, identify opportunities, and create a personalized path toward long-term optimization.

Performance Membership

Ongoing Optimization and Monitoring

Continuous measurement and refinement to optimize health, performance, recovery, and longevity outcomes.

- Quarterly physician visits
- Advanced lab monitoring*
- Hormone optimization
- Peptide therapy protocols
- Body composition tracking
- Performance and recovery strategy
- Ongoing adjustment of the personalized care plan

Starting at \$475/month

Detect

Advanced Early Detection

A focused program designed to identify early-stage cancer and cardiovascular disease before symptoms arise.

- Full body MRI*
- Galleri cancer detection
- CT coronary angiogram*
- Genetic analysis
- Risk modeling
- Physician interpretation and follow-up strategy

Starting at \$7,500

Biological Age Reassessment

Track Progress and Measure Improvement Over Time

Follow-up analysis designed to reassess biological age, quantify response to interventions, and refine the optimization plan over time.

\$1,500

**Laboratory and imaging charges will be submitted through patient's insurance and billed to patient.*



Regenerative & Aesthetic Medical Services

Resolve Longevity also includes targeted regenerative and aesthetic treatments designed to support skin quality, hair restoration, facial rejuvenation, collagen stimulation, and overall appearance.

These treatments may be used independently or incorporated into a broader longevity and optimization plan.

Botox	A physician-directed injectable treatment designed to soften dynamic lines and support a refreshed, natural appearance.	\$16 per unit
PRF / PRP Undereye Treatment	A regenerative treatment using platelet-rich fibrin or platelet-rich plasma to support tissue quality, improve the appearance of the undereye area, and promote a more rested appearance.	\$800
PRP Hair Restoration	A regenerative scalp treatment using platelet-rich plasma to support hair density, scalp health, and follicular stimulation.	\$800
Microneedling with PRP	A collagen-stimulating skin treatment combined with platelet-rich plasma to support skin texture, tone, and regenerative repair.	\$700
Exosome Therapy with SkinPen	An advanced skin rejuvenation treatment combining microneedling with exosome-based topical therapy to support recovery, skin quality, and visible rejuvenation.	\$700

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Personalized Optimization Options

Depending on the patient's goals, testing, medical history, and physician assessment, Resolve Longevity plans may incorporate a range of medical, regenerative, recovery, and aesthetic strategies.

OPTIMIZATION MENU

- Peptide therapy
- Hormone optimization
- IV therapy
- Metabolic health strategy
- Weight management support
- Recovery and inflammation protocols
- Sleep and stress optimization
- Nutritional guidance
- Aesthetic and regenerative treatments
- Early detection and prevention planning

Why Resolve Longevity at VIPrivate Care?

- Physician-led evaluation and oversight
- Personalized, data-driven health optimization
- Integration of diagnostics, prevention, aesthetics, and recovery
- Advanced longevity and performance medicine in one destination
- Focus on healthspan, vitality, resilience, and appearance
- Designed for patients who want a proactive medical strategy - not fragmented wellness treatments

All recommendations are individualized and medically supervised.



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Look Better. Feel Better. Perform Better. Age with Intention.

Resolve Longevity at VIPrivate Care helps patients move beyond conventional wellness and into a more precise, proactive model of health optimization.

Through advanced testing, physician interpretation, and personalized interventions, the program is designed to help you understand your body more deeply, address the drivers of aging and performance decline, and build a long-term strategy for vitality, resilience, and healthy aging.

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* Some testing, imaging, and external laboratory services may be performed by third-party vendors and may vary based on clinical plan, availability, and patient-specific needs. Pricing and inclusions are subject to individualized physician assessment.